

February 2020

Monday—Friday

8:00 a.m.—4:30 p.m.

Day

Step

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www.fac

**** Activities Subject to Change****

Re

Monday	Tuesday
Resistance Exercise 10:00-11:00 Bingo 12:30	Tai Chi 9:30 Bridge 12:00 Yoga 9:00-10:00 Knotty Knitters/ Happy Hookers 2:00

Sp

Monday	Tuesday
 February	
3	4

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