

February 2017
 Monday and Friday -
 8:00a- 4:30p
 Tuesday - Thursday
 9:30a - 6:00p

**Silver Springs Senior
 Center**

Cathy Petersen, Manager
 775-577-5014
 2945 Ft. Churchill Road

Menu

Monday and Friday
 Lunch 11:30 -12:30

Tuesday -Thursday
 Dinner 4:00 -5:00

Monday	Tuesday	Wednesday	Thursday	Friday 11:30 –12:30
	<p>FRIDAY'S MEAL WILL BE SERVED FROM 11:30— 12:30 STARTING THIS MONTH</p>	1	2	3
		<p>Spud Stuffer Ground Beef, Cheese, Sour Cream, Margarine, Carrots, Pineapple, Grape Juice, Apple Crisp</p>	<p>Chicken Noodle Casserole Mixed Veggies, WW Roll, Margarine, Peach Cobbler</p>	<p>BRUNCH FOR LUNCH Sausage and Egg Bake- Hot Oatmeal Cereal, Apricot Halves ADSD # 147</p>
6	7	8	9	10
<p>Chicken Tacos Cheese, Tomato, Lettuce, Refried Beans Zucchini & Tomatoes, Salsa w/ Chips, Apricots</p>	<p>Chicken Gumbo Red Beans & Rice, Colorful Salad, Honey Dressing , Chantilly Fruit Cup, ADSD # 132</p>	<p>Beef Patty on WW Bun Baked Beans, Sliced Tomato, Lettuce Leaf, FF Mayo, LS Ketchup, Sliced Red Onion, Cantaloupe Chunks ADSD #14</p>	<p>Breaded Fish Tartar Sauce, Coleslaw, Potato Wedges, Apricots, Cake w/ Plum Sauce</p>	<p>Hamburger Gravy Biscuits, Carrots/Peas, Ambrosia Salad, Cookie</p>
13	14	15	16	17
<p>Hot Turkey Sandwich on WW Bread Mashed Potatoes & Gravy, Peas and Carrots, Cake</p>	<p>Pork Chops w/ Mushroom Gravy Tossed Salad, Broccoli, Baked Potatoes, Banana ADSD #174 Valentines Day Dinner</p>	<p>Meatloaf Mashed Potatoes, Gravy, Green Beans, WW Roll, Margarine, Apricots, Cake</p>	<p>Chicken Broccoli Rice Beet Salad Apricot Bran Muffin, Honey Dew and Cantaloupe ADSD # 38</p>	<p>Crab Salad Beets, Saltines, Cantaloupe, Sherbet, Cake</p>
20	21	22	23	24
<p>CENTER CLOSED PRESIDENTS DAY</p> 	<p>Meatball Stew Steamed Cabbage, Cornbread, Margarine, Mixed Fruit</p>	<p>Sloppy Joes Peas and Carrots, Celery Sticks, Apple Crips ADSD # 70</p>	<p>Chicken Cordon Bleu Scalloped Potatoes , Pea Salad , WW Roll, Birthday Cake Birthday Dinner</p>	<p>BRUNCH FOR LUNCH Biscuits and Gravy Scrambled Eggs, Peaches ADSD # 146</p>
27	28			
<p>Chili Beans Sour Cream, Cheddar Cheese & Onions, Mixed Veggies, Cornbread, Margarine, Waldorf Salad, Grape Juice</p>	<p>Baked Chicken Tenders French Baked Potatoes, Beets in Orange Sauce, Carrot Raisin Salad, WW Bread, Ambrosia ADSD # 116</p>			