

February 2017  
 Monday—Friday  
 8:00 a.m.—4:30

# Dayton Senior Center

Stephanie Wolf, Manager

[www.lyon-county.org](http://www.lyon-county.org)

[www.facebook.com/daytonseniorcenter](http://www.facebook.com/daytonseniorcenter)

## Activities

320 Old Dayton Valley Rd

Dayton, NV 89403

775-246-6210

\*\* Activities Subject to Change\*\*



### Regular Weekly Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Resistance Exercise</b> 10:00-11:00 <b>Bingo</b> 12:30	<b>Yoga</b> 9:00 - 10:00 <b>Balance and Mobility</b> 10:45 <b>Bridge</b> 12:30	<b>Resistance Exercise</b> 10:00-11:00 <b>Crazy Quilting/Knotty Knitting/Happy Hookers</b> 12:30	<b>Yoga</b> 9:00-10:00 <b>Balance and Mobility</b> 10:45 <b>Bingo</b> 12:30 <b>Pinochle</b> 1:30	<b>Resistance Exercise</b> 10:00-11:00 <b>Art Class</b> 10:00

### Special Events and Activities

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6 <b>Knotty Knitters/Happy Hookers</b> 4:00-6:00	7 <b>Food Commodities</b> 10:00 <b>Valentine's Day Card and Candle Making Class</b> 10:00 <b>Smith's Grocery Trip</b> 12:30 <b>Stress Relief Coloring Group</b> 12:30	8 <b>Jeopardy Community Outreach</b> 10:30	9	10
13	14 <b>Newlywed Game</b> 10:30 <i>(sign up at front desk)</i> <b>Valentine's Bingo</b> 12:30 <b>Romantic Movies all Day</b> <b>Stress Relief Coloring Group</b> 12:30 <b>Legal Aid by Appointment</b>	15 <b>SHIP Counseling by Appointment</b> <b>Meeting with the Manager</b> 12:30	16	17 <b>Birthday Luncheon</b> 11:30-12:30
20 <b>Center Closed</b>  <b>President's Day</b> <b>Knotty Knitters/Happy Hookers</b> 4:00-6:00	21 <b>Smith's Grocery Trip</b> 12:30 <b>Stress Relief Coloring Group</b> 12:30	22 <b>National Margarita Day</b> <b>Virgin Margaritas available during lunch</b> 	23	24
27	28 <b>Stress Relief Coloring Group</b> 12:30			